

Snack Menu 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cheerios and Fruit	Raisin Toast with Butter and Fruit	Vanilla Yogurt with Graham Crackers and Fruit	Rice Cakes with Fruit Spread	Cottage Cheese and Fruit
PM	Wheat Thins with Cream Cheese and Tomatoes	Peppers with Pita Bread and Dip	Veggie Straws and Fruit	Toasted Crackers with Sunbutter and Fruit	Applesauce and Animal Crackers
AM	Raisin Bran and Fruit	Multi-grain Mini Bagels with Cream Cheese	Vanilla Yogurt and Fruit Parfait with Graham Cracker Crumbs	Multi-grain Waffles with Butter and Fruit	Breakfast Buffet
PM	Applesauce and Cheez-It Crackers	Frozen Grahams and Fruit	Goldfish and Fruit	Steamed Carrots and Cauliflower with String Cheese	Pretzels or Crackers with Dip
AM	Life Cereal and Fruit	Raisin Toast with Butter and Fruit	Cottage Cheese and Fruit Cocktail	Multigrain English Muffins with Fruit Spread	Teacher Choice Muffins and Applesauce
PM	Cheez-It Crackers and Fruit	Cucumbers with Wheat Thins and Dip	Rice Cakes with Sunbutter and Fruit	Peppers and Cucumbers with Dip	Monterey Cheese and Club Crackers
AM	Rice Crispies and Fruit	Whole Wheat Toast with Sunbutter and Fruit	Vanilla Yogurt with Mixed Fruit	Multigrain Waffles with Maple Syrup and Fruit	Breakfast Buffet
PM	Apples with Sunbutter and Monterey Cheese	Goldfish and Fruit	Fruit Salad and String Cheese	Rice Cakes with Sunbutter	Cereal Bars and Fruit
AM	Corn Flakes and Fruit	Whole Wheat Mini Bagels with Cream Cheese	Vanilla Yogurt and Fruit	Oatmeal and Fruit	Cornbread with Monterey Cheese and Fruit
PM	Club Crackers and Fruit	Harvest Crackers and String Cheese	Animal Crackers and Fruit	Grilled Cheese Sandwich	Cereal, Raisins and Teddy Graham Trail Mix
* Milk will be offered at every snack ** Multigrain will be purchased when possible *** Honey only offered to ages 1+ **** Portion sizes will follow CDC recommendations			***** Parfaits: Fresh Fruit ***** Frozen Grahams: Graham Crackers and Cream Cheese ***** Dip: Ranch Dressing or Hummus ***** Fruit: May Include any Available in Season Fruit.		